

Be Bright Be Seen



All are welcome to take part in the **Ride of Silence** event on **Wednesday 15 May** to help raise awareness of the cyclists on our roads every day and the importance of staying safe on your bike.

You can register for this event at **50 Centreway Road, Orewa**. Registrations open at 5.30pm and the pre-ride briefing starts at 6.00pm.

Stay on your bike this winter

Cycling can be a great way to travel all year around and there are a few simple things you can do to ensure that you and your bike are prepared for riding this winter. Check out the below safety tips:

- Wear bright coloured and reflective clothing when riding in low light
- Ride to the conditions
- Look after your bike