

Auckland Spring Cycling Event Guide



Cycle Skills Training for Adults.

If it's been a long time since you've been on a bike, you're ready to progress to cycling on the road, or you want to learn to fix a puncture then this **Cycle Skills Training for Adults** section will have the right course for you.

Auckland Transport offers a range of **FREE** cycle skills courses for adults.

Places are limited on all courses and pre-registration is essential. Bikes are provided for those who need one.

Courses on offer include:

- Beginner Bike Sessions for Adults.
- Cycling on the Road – An Introduction.
- Bike Care and Maintenance.
- Guided Bike Rides for Less Confident Riders.

To register for any of these FREE courses, visit www.cyclingsthego.co.nz

Cycling's the Go for Families.

If you've got kids who love to ride, you want information on how to ride with little ones, or need some pointers to help your children ride without training wheels, then have a look at this **Cycling's the Go for Families** section for events in your area.

Spring events include:

- **Bayswater Family Bike Day:**
Sun 5 Oct, Northboro Reserve, Bayswater.
- **Bub's on Bikes:**
Sun 19 Oct, Onepoto Domain, Northcote.
- **Western Springs Family Bike Day:**
Sun 26 Oct, Lakeside Park, Western Springs.
- **Halloween Themed Rides:**
Fri 31 Oct – Sunnynook
– Devonport
– Henderson
– Pakuranga
- **Travelwise Kid's Challenge:**
Sun 16 Nov, QBE Stadium, North Harbour.
- **Christmas Family Ride:**
Sat 6 Dec, Henderson.

Out and About by Bike – Community Events and Activities.

If you want to see and experience the city by bike whilst also improving your cycle skills and confidence then this **Out and About by Bike** section is for you. There are plenty of guided rides including a tour of the new Grafton Gully Cycleway, art themed rides during ArtWeek and guided rides to Sculpture on the Shore. Our popular Ride n Repair Stations and Pit Stops are back, and don't forget your chance to cycle over the Auckland Harbour Bridge in the MS Bike the Bridge event in November.

Spring events include:

- **Artweek by Cycle:**
Sat 11 Oct, Tue 14 Oct and Sat 18 Oct, City Centre, Parnell, Ponsonby, Newmarket.
- **Explore the Grafton Gully and Connecting Cycleways:**
Sat 8 Nov, Henderson to Central City.
- **Sculpture on the Shore Guided Bike Rides:**
Sun 9 and 16 Nov, Bayswater to Fort Takapuna.
- **MS Bike the Bridge Event:**
Sun 16 Nov, Auckland Harbour Bridge.
- **Summer Fling! Frocks on Bikes Fashion Evening:**
Fun, Fashion and Bikes.
Wed 26 Nov, Takapuna.
- **Ride n Repair Stations:**
Throughout spring at various venues.
- **Commuter Pit Stops:**
Throughout spring at various venues.



*Cycling's
the go*

www.cyclingsthego.co.nz